



UCJCI UPDATE

A WEEKLY NEWSLETTER OF THE UNITED CHURCH IN JAMAICA AND THE CAYMAN ISLANDS

THE UNITED CHURCH
IN JAMAICA AND THE
CAYMAN ISLANDS

Congregational
Disciples of Christ
Presbyterian

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OUR VISION: "Touching
Lives, Nurturing Disci-
ples, Seeking Transfor-
mation through Christ"

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PRAY FOR:



- Mrs. Olga Byfield whose husband, Rev. Bevis Byfield, has passed on. His thanksgiving Service will be held on **March 21, 2019** at **10 a.m.** at Webster Memorial United Church.
- Rev. Dr. Margaret Fowler who is not well
- Mrs. Doris Longmore, widow of the late Rev. Robert Longmore, who is at the UHWI, Ward 4
- The family of Mr. Ash-ton Spence, who passed on at the age of 109 years. His thanksgiving service will be held on **March 23, 2019** at **11 a.m.** at **Brownsville United Church.**

Volume 5: Issue 12

Wednesday, March 20, 2019

"PASSPORT TO HEALTH FAIR" LAUNCHED!!

The United Church in Jamaica and the Cayman Islands is taking new ground in our Outreach Mission!

For the first time, the UCJCI's Men's and Women's Fellowships will host a jointly-sponsored event, titled, "Passport to Health Fair".

The event will be held on **June 29, 2019** at **Manchester High School**, from **9 a.m. to 4 p.m.** under the slogan, "Plan to be in tune in June."

Launched on March 12, 2019 in Kingston, The "Passport to Health Fair" will target 1,500 participants from across Jamaica, and will cater to all age groups and both genders. This history-making event seeks to further promote ho-

listic wellbeing, and the productivity which springs from healthy lifestyles.

The name: "Passport to Health Fair" was chosen based on the planning team's ambition to produce a passport-like book of tickets for each participant in the Health Fair.

Mr. Carlton Rodney Snr., President General of the UCJCI's Men's Fellowship and Chair of the Planning Team expressed, "The book will not only provide a record of all the displays and booths that make up the fair, but, if all goes to plan, it will enable us to offer special prizes and incentives to attendees, to ensure that they access a combination of health services that will put them on the pathway to health!"

Guest Speaker, Dr. the Hon.

Christopher Tufton, Minister of Health, offered a thought-provoking and inspiring presentation on the muddled picture of health in Jamaica. He endorsed this event, aligning it with the Ministry of Health's "Jamaica Moves" Campaign, which has gained tremendous traction locally.

Dr. Tufton encouraged the audience to know their health status, balance their consumption habits, and engage in some form of physical activity every day. This, he asserted, will increase our chances of reducing the risk of premature illness and death. He maintained that our best prescription is a lifestyle adjustment towards healthier habits, and indeed, it requires concerted effort.

This event is free, and all are invited!!



Mrs. Pauline Bryan, President General, Women's Fellowship and Mr. Carlton Rodney Snr., President General, Men's Fellowship (right), display their "Jamaica Moves" t-shirts presented by Dr. the Hon. Christopher Tufton.



The audience "moves"! The exercises were facilitated by team members of the Ministry of Health!

CELEBRATIONS!

BROWNSVILLE PRIMARY SCHOOL EXCELS!!!



70:

Rev. Jane Kaluba
March 23



Brownsville Primary School Individual Speech contestant, Jessica Farquharson



Photos above: **Brownsville Primary School, Hanover**, silver medallists in **JCDC Festival of the Performing Arts Parish Final** on February 27, 2019!



Brownsville Primary School Individual Speech contestant, Wysha Brown



Brownsville Primary School Speech Group with teachers: Andrea Lecky (back, centre) and Karen Williams-Kerr (back, right)

Send comments and news about your congregation to: ucjiupdate@gmail.com

LEADERSHIP CORNER

What Does It Take to Equip a Leader? (Part 1)

Equipping is similar to training. Training is generally focused on specific job tasks: for instance, you train a person to use a copy machine or to answer a phone in a particular way. But training is only a part of the equipping process that prepares a person for leadership.

Equipping a potential leader is like preparing an unskilled person to scale a tall mountain peak. This preparation is a process. Certainly, he or she needs to be outfitted with equipment, such as cold-weather clothing, ropes, picks, and spikes. He or she also needs to be trained in how to use that equipment.

A mountain climber's preparation, though, involves much more than simply having the correct equipment and knowing how to use it. The person must be conditioned physically to prepare him or her for the difficult climb. He or she must be trained to be a part of the team.

Most important, the potential leader must be taught to think like a mountain climber. He

or she needs to be able to look at a peak and see how it is to be conquered. Without going through the complete equipping process, the leader not only won't make it to the top of the mountain, but he or she also might find him- or herself stranded on the side of the mountain, freezing to death.

Equipping, like nurturing, is an ongoing process. You won't be able to equip a person in a few hours or a day. And it can't be done using a formula or DVD. Equipping must be tailored to each potential leader.

The ideal equipper is a person who can impart the vision of the work, evaluate the potential leader, give him or her the tools they need, and then help them along the way at the beginning of the journey.

The **Equipper** is a **Model**—a leader who does the job, does it well, does it right, and does it with consistency.

The **Equipper** is a **Mentor**—an advisor who has the vision of the organization, and can communicate it to others. He or she has experience to draw upon.

The **Equipper** is an **Empowerer**—one who can instill in the potential leader the desire and ability to do the work. He or she is able to lead, teach, and assess the progress of the person being equipped.

The whole process begins with building a relationship with your potential leaders. From that foundation, you can build a programme for their development, supervise their progress, empower them to do the job, and finally get them to pass on the legacy.

Source: "Real Leadership: The 101 Collection" by John C. Maxwell

(This article will continue in next week's Leadership Corner.)



Some of our UCJCI Ministers and RDGSs undertaking an "Essentials of Leadership Success" training workshop. The sessions were facilitated by the Management Institute for National Development (MIND) from March 11-13, 2019 at the Synod Office. The three (3) main areas covered included: "Leadership Essentials", "Strategic and Corporate Planning", and "Effective Communication Skills".

Follow us on



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UCJCI FAMILY AD CORNER

YOUTH CONVENTION 2019



Guest Speaker: Bishop Leslie Pinnock

Guest Artist will be announced soon...

DATE: Saturday, April 20, 2019

VENUE: Kendal Camp and Conference Centre

TIME: 8:30 A.M.

United Church Young People Fellowship

@ucyypf

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CERTIFICATE & SHORT COURSES

Counselling Children & Adolescents



Description

This course is for those who want to become a professional counsellor specialising in their work with children, it is focused on a basic introduction to the theories and accepted therapies associated with counselling to children.

What will I learn?

- 1)How to work with children and teenagers.
 - 2)Understand what is 'child bullying' and 'child abuse'
 - 3)Understand Grief and bereavement
 - 4)What language to use in counselling children and teenagers
 - 5)Conflicts and stress in children and adolescents
 - 6)How to open your own 'online' or 'offline' practice
- And so much more!

Dates

- November 23, 2018
- February 18, 2019
- April 13, 2019
- June 20, 2019

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CERTIFICATE & SHORT COURSES

Technology in the Classroom



Description

Would you like to engage your students in the classroom with very exciting and motivating activities? Have you ever wondered what kind of online activities that can be appealing to your students? This course will train you on how to effectively use Technology in the classroom. From using avatars to creating your own movie, this course is only the tip of the iceberg. There are a plethora of websites and online tools that can be of tremendous help to you.

What Will I Learn?

- 1)Create aimed movies
- 2)Create comics for teaching purposes
- 3)Make their own educational avatars
- 4)Apply technology in the classroom effectively

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TO COME OUT AND EXPRESS YOURSELF**

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