



CAYMAN ISLANDS REGIONAL MISSION COUNCIL

WEEKLY UPDATE

September 22, 2021

VOLUME 6 ISSUE 38

UCJCI 42nd SYNOD THEME 2021 – Rooted, Resilient: Responding in HOPE (Health, Opportunity, Peace, Evangelism)

Celebrating Older Persons



Did you know that currently there are about 700 million people over the age of 60 and it is predicted that by 2050, this number will reach almost 2 billion? The increasing numbers of ageing populations have prompted a lot of attention over the past 30-40

years and various initiatives have been implemented to try and address the possible implications of this trend.

On December 14th 1990, the United Nations General Assembly designated the 1st of October the International Day of Older Persons. In a short time, the Cayman Islands followed suit and since 1995 the month of October has been commemorated Older Persons Month by the Department of Children and Family Services. The month-long celebrations and activities provide an opportunity to recognize the contributions that older people make to society as well as to create awareness and empathy regarding the many issues the elderly face.

This year the theme for the Older Persons Month is **“Digital Equity for All Ages – Connect – Create – Contribute.”** The following objectives are highlighted for our island-community as we prepare for this special time:

1. Recognize the lives of older persons as vital members of society, the contributions that older persons make to their communities and the need for access and meaningful participation in the digital world by older persons.
2. Bring awareness in cybersecurity and ethics to ensure privacy and safety of older persons in the digital world.
3. Educate and empower our younger generations to connect, create, and contribute in supporting, teaching and advocating for our seniors in digital technology whilst preserving our Cayman traditions and culture.

The official service to launch the Older Persons Month will be held at the Savannah United Church on October 3, 2021 at 10:00 am. All congregations are encouraged to honor the older members of their fellowships and communities.

Throughout their lives, older persons have enriched our lives, contributed to the wellbeing of our families and the development of our islands in so many ways. Many of them are still active and more than happy to assist us as much as they can. Let us find ways to show them how much they are loved and appreciated. Let us spend some extra time with them, offer a helping hand in or around the house. Let us engage with them in their favorite activities, let it be cooking, crafts, gardening, etc. Let us ask them to tell us (again?) stories or interesting facts of their lives, show us old photographs. Let us make new memories with them, something we can cherish for the rest of our lives.

Seniors Fellowship at John Gray Memorial UC



Moving to the music!

John Gray Memorial monthly Seniors Fellowship was held on Wednesday 15th September 2021. The Minister, Rev Myers, led the rockin' seniors in a devotional on giving up the baggage of worry from Matthew 6:25-34. This was followed by a rousing 'movements' session with all the musical trimmings of Jerusalem.

The facilitators were Ms. Merta Day of the Department of Sports and Mr. Tristan Wesenhagen, a performance fitness coach & trainer. The main guest speaker was Social Worker, Mrs. Jasmine Powell, who spoke on “The Benefits of Intergenerational Relationships.” All of this fellowship was enabled by a great lunch. Thanks to our usual organizers, Ms. Betty Ebanks, Ms. Celita Zimmer and Ms. Vanda Powery (Community Worker).



Mr. Tristan Wesenhagen (Performance Fitness Coach & Trainer) and Ms. Merta Day (Department of Sports Facilitator)



Everybody Movin'



Guest speaker Mrs. Jasmine Powell (Social Worker)



Trying out the exercise routine

UPCOMING EVENTS

September 25. (Saturday)

Council Meeting – 9:00am – via Zoom

September 26. (Sunday) 18th Sunday of Pentecost

October 03. (Sunday) 19th Sunday of Pentecost

All are invited!
OCTOBER 16, 2021

The United Church Women's Fellowship
By Love Serve

Cayman Council Women's Fellowship presents

Gathering 2021
Theme: Creating Awareness for Gender Violence

Venue: Savannah United Church
9 am – 2:00 pm

Come Expecting a Dynamic Educated Programme

**"Rise in the presence of the aged
and honor the elderly face-to-face.
Fear your God. I am the Lord."**

Leviticus 19:32



on Radio Cayman 89.9
every Sunday at 7:45 am

September 26, 2021
Ms. April Lewis

Published by the Cayman Islands Regional Mission Council of the United Church in Jamaica and the Cayman Islands
292 Prospect Point Road
P.O. Box 1700 Grand Cayman KY1-1109 CAYMAN ISLANDS
Tel: 1 345 947 1963 Email: rdgs@cacucici.com or cirmcinfo@gmail.com
Website: unitedchurch.org.ky